

SDI Mission and Vision Statement

“Cultivating the Practices of Deep Listening and Spiritual Presence Across All Faith Traditions and Spiritual Orientations.”

SDI Communities:

- Offers spiritual directors and companions from all traditions and spiritual orientations a chance to support one another, learn, network, share contemplative practices, and to enjoy each other's company - all on a regional or thematic basis.
- An SDI-supported and locally-run independent group of spiritual directors and companions.
- Can operate anywhere in the world.

SDI Offers:

- Support by publicizing meetings through our network, hosting Zoom meetings, and creating a place for people to RSVP – if need be. (We send you the names and emails on a spreadsheet so you can keep track.) *This is important as we can often get the word out effectively and help grow the number of people who attend.*
- Access to SDI resources for the educational benefit of the groups.

Basic Requirements:

- Groups support the key tenets of spiritual direction and companionship – welcome, deep listening, respect for the agency of others, contemplative practice, etc. Our Portrait of a Spiritual Director/Companion is one way we have tried to sum up our community values. This is from *Presence*: <https://www.sdicompanions.org/media/portrait-of-a-spiritual-director-companion/>
- Offer welcome to all – regardless of spiritual tradition or inclination, race, ethnicity, national origin, sex, gender identity, sexual orientation, religious affiliation, spiritual orientation, or disabilities, among others.
- Meetings are free of charge for SDI members, though donations or free-will offerings may be invited to cover expenses.

If you're curious about starting an SDI Community contact communities@sdicompanions.org to set up a Zoom call with Larry J. Morris III