

[Please note that names have been removed from the chat to ensure privacy and confidentiality.]

11:03:42 Is it possible to get access to those past webinars/ programs?

11:04:29 From Matt Whitney (he/him) SDI : Flourishing is a state of thriving in which a person, community, or system achieves a harmonious balance of growth, well-being, and purpose. It goes beyond mere survival or success, encompassing holistic fulfillment—emotional, spiritual, physical, and relational.

11:05:09 From Amrutham Babu (she/her) : Replying to "Is it possible to ge..."

Yes, they are available on the SDI store as recorded webinars.

11:05:57 Steady income and a system that allowed me to continue finding as many clients as I want to work with

11:06:04 From Matt Whitney (he/him) SDI : What would it look like for you to be a flourishing spiritual director or companion? Imagine

11:06:25 To bring my authentic true self to the accompaniment of others.

11:06:30 To connect with the needs of others in a balanced way

11:06:33 A better income without as much hustle

11:06:52 What I am doing now, but being more visible and reaching more people

11:06:55 To fully enjoy the journey with those who are seeking their fulfillment in many ways of living their lives

11:07:15 I would increase the #s of people I see/serve. I would also be serving as an Elder advisor (with Spir Dir grounding) to a number of orgs (Boards/members).

11:08:07 To feel deep inner peace in all the seasons of my service as a spiritual director

To trust that the right people come to me at the right time and we find connection together and blessing from one another

11:08:42 to always rely on Spirit

11:09:52 What would be the difference between flourishing and thriving?

11:10:32 YAY for shared slide decks!

11:10:37 to see myself and my directees as whole

11:17:15 I have Calendly and really like it

11:17:30 Free Online Appointment Scheduling Software |

Calendly
11:17:32 I'm using TidyCal by App Sumo. Does the job.

11:19:17 Find a Spiritual Director - A Free Directory

11:21:40 Good artists borrow, great artists steal.

11:37:27 <https://www.amazon.com/Finding-Seekers-Spiritual-Direction-Employment/dp/1937002187>

11:38:37 Having a good definition of SD/C you can say with confidence is valuable.

11:39:04 I am starting my practice in May. Do you recommend focusing on a particular group? For example, spiritual direction for attorneys.

11:39:07 Great Book - and thought provoking. A few things a little different for a UK reader

11:41:59 This is really great. I arrived late, will I be able to get a recording of the entire talk?

11:42:23 has to do with the level of stress

11:42:30 Yes, we will share the recording along with the slides.

11:42:38 flourishing could be transformation of self, of one's walk with spirit...

11:44:01 Thriving - doing well in a specific area - financial, physical, etc. Flourishing - doing well in MANY areas - all cylinders firing, so to speak

11:45:32 What are your favorite go to heart awakening questions you ask in social settings?

11:45:43 thriving is to happiness as flourishing is to joy

11:46:23 Replying to "What are your favori..."

do a websearch for Robert Fulghum and "Social Lifeboat" It will blow your mind and make you smile

11:47:18 flexible niching--allowing God room to move in your practice

11:47:43 what is the one thing that gives your life meaning?

11:47:47 How is your heart today?

11:48:03 How do you come?

11:48:07 Sometimes I ask - what has brought you joy today?

11:48:11 What keeps returning to your mind and taking your attention?

11:48:23 What are you having fun with these days?

11:48:39 What's been coming up for you?

11:49:29 Definitely nuts-and-bolts marketing and raising visibility

11:49:46 This is helpful, Thanks!

11:50:16 I am just starting as a spiritual Director, I have a

very basic question sorry...what is the range of price per hour of spiritual direction? How do you set up the price?

11:50:38 Something about growing "practice": A focus on what process of deep discernment in this circumstance, of offering self as service.

11:50:40 What time will it be held? Regarding time zone - this would be a great time.

11:50:55 In this political landscape, I have questioned my ability to work with directees of different political viewpoints. That might be a rich topic for a session.

11:51:09 A support group for folks in their first year of building a practice

11:51:31 Replying to "I am just starting a..."

Check out the SDI directory, find directors in your geographic area, and see what they are charging to give you a starting point. Adjust based on their experience, but don't underprice yourself either.

11:52:09 I have hesitated to begin my practice for pay because I don't feel like I have credentials. What sort of degree or certification is most common? It seems quite varied

11:52:22 <https://www.sdicompanions.org/product/making-a-living-as-a-spiritual-companion-2025-course/>

11:52:28 I would refer out my friends to direction. Do referral relationships develop?

11:52:40 Topic: How to consider/discern what my rhythm is as a SD: days/ evenings, how many clients.

11:54:06 Is there assistance or guidance from SDI in creating a website?

11:54:59 I was already interested, but the resources make it a must-attend!

11:55:41 Websites tend to be more important for older audiences and less so for younger folks.

11:55:54 For other marketing resources and reframing marketing/branding, I've found Jeffrey Shiau and Bear Hebert to be helpful in approaching marketing things. (Neither are spiritual directors but still helpful!)

11:55:57 Thank you 🙏

11:56:10 maybe this is not the right place, but I'm trying not to overthink! I am offering free spiritual direction now to get my certificate through seminary. I'd love to sit with any of you:

www.dwellingspace.org

11:56:25 When I originally launched my practice, I developed a questionnaire for new clients. They MUST complete the assessment before I will take them on as a client.

11:56:25 what do you suggest for younger folks?

11:56:36 Replying to "Websites tend to be ..."

Thank you. I do have a heart for older folks, so that might be a good resource for me!

11:56:46 social media.
11:58:11 Have to run to another commitment. THANK YOU!

11:58:22 Excellent session, thank you both!
11:58:25 Thank you!
11:58:28 thank you! have to run to my next meeting

office@sdicompanions.org
11:58:53 this was very helpful! Thank you both so much
11:58:58 Thanx. Good for stirring up the questions and issues.
11:58:59 Thank you so much. This was very helpful. Blessings to
everyone from Abidjan, Cote d'Ivoire (West Africa).
11:59:00 How can we reach out to you
11:59:06 Thank you!
11:59:21 excellent session
11:59:29 Thanks so much!
11:59:49 Thanks for this safe and honest space.
12:00:01 Thank you for your gentle guidance and encouragement.